

Calling Your Insurance Company to Determine Your Coverage: A Worksheet

[Not a fillable form]

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Your Name: _____ Child's Name _____

Subscriber's Name: _____ I.D.# _____

Group # _____

Name of insurance carrier: _____ Insurer's Phone # _____

Name of Company or managing org: _____ Tel no: _____

- Please call your insurance carrier and ask these questions.
- Record the answers in the spaces provided.
- Trouble getting answers? We are glad to help. Please call Holly Kelly, Psychology Billing Services at 503-446-9942.
- If **pre-authorization** is needed, call or email your doctor at numbers/emails above ASAP.

1. What is the coverage for **psychotherapy** by a licensed clinical psychologist who is out of network? [CPT Codes 90834 or 90837]
 - a. Is pre-authorization needed?
 - b. Rate of reimbursement:
 - c. Number of sessions covered without pre-authorization:
 - d. How is pre-authorization obtained?
2. What is the coverage for neuropsychological testing/scoring by a psychologist who is out of network? [CPT codes: 96136 or 96137]
 - a. Is there a limit on the number of hours covered for psych testing?
 - b. Is pre-authorization needed:
 - c. Rate of reimbursement:
 - d. How is pre-authorization obtained?

3. What is the coverage for psychological testing / scoring by a technician?
[CPT codes: 96138 or 96139]

a. Is pre-authorization needed:

b. Rate of reimbursement:

4. What is the coverage for neuropsychological test interpretation by a clinical psychologist who is out of network? [CPT code: 96130 or 96131]

a. Is there a limit on the number of hours covered for neuropsychological testing?

b. Is pre-authorization needed:

c. Rate of reimbursement:

d. How is pre-authorization obtained?

5. Is there a dollar limit on your outpatient mental health coverage? _____

6. Are there diagnoses excluded from our coverage? _____

a. If yes, what diagnoses are excluded? _____

7. Amount of deductible: _____

8. Has the deductible been met? _____

Date and time you called: _____

Name of Person you spoke to: _____