

## Behavioral Diagnostics & Treatment

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### Child & Family Information (Parent to Complete)

Today's Date: \_\_\_/\_\_\_/\_\_\_   Person Completing this Form: \_\_\_\_\_

Relationship to Patient: \_\_\_ Mother \_\_\_ Father \_\_\_ Step Mother \_\_\_ Step Father \_\_\_ Other \_\_\_\_\_

Preferred Phone: \_\_\_-\_\_\_-\_\_\_   Alternate Phone: \_\_\_-\_\_\_-\_\_\_   Email: \_\_\_\_\_@\_\_\_\_\_

Is it ok to include you in our database for occasional news or follow-up? \_\_\_ Yes \_\_\_ No

If divorced, is the custody joint?     \_\_\_ Yes \_\_\_ No \_\_\_ N/A

If divorced, are you the custodial parent?     \_\_\_ Yes \_\_\_ No \_\_\_ N/A

If not, please list custodial parent name: \_\_\_\_\_ Phone: \_\_\_-\_\_\_-\_\_\_

Can you provide a copy of the custody order? \_\_\_ Yes \_\_\_ No \_\_\_ N/A

Child/Teen Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_ (Age: \_\_\_)

Gender: \_\_\_ Male \_\_\_ Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Child/Teen School: \_\_\_\_\_ Grade: \_\_\_ Teacher Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_-\_\_\_-\_\_\_

Ethnic Background: \_\_\_\_\_ Is Child Adopted? \_\_\_ Yes \_\_\_ No   If yes, age at adoption: \_\_\_\_\_

Child's Religion: \_\_\_\_\_ How often does child attend services? \_\_\_\_\_

How many times have you moved since this child's birth? \_\_\_\_\_

Referral Initiated by: \_\_\_\_\_

Main concerns about your child/teen: \_\_\_\_\_

What goals do you have for assessment or treatment?

1. \_\_\_\_\_ 4. \_\_\_\_\_

2. \_\_\_\_\_ 5. \_\_\_\_\_

3. \_\_\_\_\_ 6. \_\_\_\_\_

<u>Parent</u>	<u>Name</u>	<u>Age</u>	<u>Occupation</u>	<u>Race</u>	<u>Education</u>	<u>Contact with Child</u>
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Mother:	_____	_____	_____	_____	_____	_____
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Father:	_____	_____	_____	_____	_____	_____
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Stepmother:	_____	_____	_____	_____	_____	_____
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Stepfather:	_____	_____	_____	_____	_____	_____
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<u>Other Children in Family:</u>	<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>Grade</u>	<u>How is School Going?</u>
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_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____
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**Others Living in Household: Name      Age      Sex      Relationship to Patient**

\_\_\_\_\_  
\_\_\_\_\_

**Early Developmental History**

**Pregnancy & Child Birth**

Did you have anything unusual happen during pregnancy? \_\_\_\_\_

Did you smoke, drink, or use drugs during your pregnancy? \_\_\_\_\_

If yes, please specify frequency, amount, name: \_\_\_\_\_

**Labor and Delivery:** Did anything unusual occur during labor or delivery? \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ APGAR Score: \_\_\_\_\_

**Infancy:**

Was special care required as a newborn? \_\_\_ Yes \_\_\_ No; If so, what? \_\_\_\_\_

Was your child re-admitted to the hospital in the first months? \_\_\_ Yes \_\_\_ No; If so, when? \_\_\_\_\_ How long? \_\_\_\_\_

What did you enjoy most about your child as an infant? \_\_\_\_\_

What was difficult about your child as an infant? \_\_\_\_\_

As an infant, was your child:

- Predictable?      \_\_\_ Yes \_\_\_ No; Provide details, if desired: \_\_\_\_\_
- Unpredictable?      \_\_\_ Yes \_\_\_ No; Provide details, if desired: \_\_\_\_\_
- Easy to parent?      \_\_\_ Yes \_\_\_ No; Provide details, if desired: \_\_\_\_\_
- A challenge to parent?      \_\_\_ Yes \_\_\_ No; Provide details, if desired: \_\_\_\_\_
- Further comments: \_\_\_\_\_

**Developmental Milestones**

Does your child show a hand preference? \_\_\_ Yes \_\_\_ No; \_\_\_ Right \_\_\_ Left At what age? \_\_\_\_\_

All developmental stages attained within normal limits? \_\_\_ Yes \_\_\_ No

Sat unsupported at \_\_\_\_\_ months      Bladder trained at \_\_\_\_\_ months

Bowel trained at \_\_\_\_\_ months      Dry bed after \_\_\_\_\_ months

Walked unsupported at \_\_\_\_\_ months      First words at \_\_\_\_\_ months

Anything occur ages 0-3 years in child's life you thought might affect normal growth, development, or school success?

\_\_\_\_\_

**Health Care History**

Physician/Pediatrician: \_\_\_\_\_ Phone: \_\_\_\_-\_\_\_\_-\_\_\_\_ ext. \_\_\_\_

Psychiatrist/Nurse Practitioner: \_\_\_\_\_ Phone: \_\_\_\_-\_\_\_\_-\_\_\_\_ ext. \_\_\_\_

Has your child taken daily medication for an extended period?      \_\_\_ Yes \_\_\_ No (If yes, list below)

Is your child taking medication now?      \_\_\_ Yes \_\_\_ No (If yes, list below)

**Current Medications:** Who prescribes the medication(s)? Dr. \_\_\_\_\_ Dr. \_\_\_\_\_ Dr. \_\_\_\_\_

\_\_\_ Adderall \_\_\_ mg      \_\_\_ Adderall XR \_\_\_ mg      \_\_\_ Concerta \_\_\_ mg

\_\_\_ Cylert \_\_\_ mg      \_\_\_ Cymbalta \_\_\_ mg      \_\_\_ Dexedrine \_\_\_ mg

\_\_\_ Effexor \_\_\_ mg      \_\_\_ Focalin \_\_\_ mg      \_\_\_ Intuniv \_\_\_ mg

\_\_\_ Prozac \_\_\_ mg      \_\_\_ Ritalin \_\_\_ mg      \_\_\_ Tenex \_\_\_ mg

\_\_\_ Vyvanse \_\_\_ mg      \_\_\_ Wellbutrin \_\_\_ mg      \_\_\_ Other \_\_\_ mg; List: \_\_\_\_\_

Does your child have any problems sleeping now? \_\_\_ Yes \_\_\_ No \_\_\_\_\_

How many hours does your child sleep per night? \_\_\_ hours, on average

Does your child have a hard time getting up? \_\_\_ Yes \_\_\_ No \_\_\_\_\_

Does your child have any problems with eating? \_\_\_ Yes \_\_\_ No \_\_\_\_\_

Did your child have any problems in the past? \_\_\_ Yes \_\_\_ No \_\_\_\_\_

<b>Previous Illnesses (check all)</b>	<b>Year</b>	<b>Previous Illnesses</b>	<b>Year</b>
___ Meningitis	_____	___ Hearing/vision problems	_____
___ Encephalitis	_____	___ Concussion/skull fracture	_____
___ Recurrent earaches	_____	___ Ingestion of poison	_____
___ Recurrent respiratory	_____	___ Reaction to drugs	_____
___ Infections	_____	___ Allergies	_____ List: _____
___ Seizures (Epilepsy)	_____	___ Loss of consciousness	_____
___ Growth problems	_____	___ Concussion(s)	_____
___ Tires too easily	_____	___ Type 1 Diabetes	_____
___ Type 2 Diabetes	_____	___ A.D.H.D./A.D.D.	_____

**Has your child been treated for psychological problems?** \_\_\_ Yes \_\_\_ No If so, when? \_\_\_\_\_ For what? \_\_\_\_\_

\_\_\_ Outpatient \_\_\_ Inpatient **Treatment Type:** \_\_\_ Individual \_\_\_ Family \_\_\_ Medications \_\_\_ CBT \_\_\_ Behavior Therapy

Treatment Providers: \_\_\_\_\_

**Current & Past Behavioral Concerns**

**Please indicate concerns you have/had about your child NOW (N) in the PAST (P), or for BOTH (B).**

- |                          |                          |                         |  |
|--------------------------|--------------------------|-------------------------|--|
| ___ Not minding          | ___ Lack of friends      | ___ Stealing            | ___ Excessive video game time                  |
| ___ Temper tantrums      | ___ Unacceptable friends | ___ Moodiness           | ___ Excessive screen time                      |
| ___ Clumsiness           | ___ Arguing              | ___ Disorganization     | ___ Excess social media time                   |
| ___ Nightmares           | ___ Memory problems      | ___ Difficulty sleeping | ___ Lying about video, screen, or social media |
| ___ Low self-esteem      | ___ Lying                | ___ Frequent crying     | ___ Other Behaviors _____                      |
| ___ Giving up easily     | ___ Drug use             | ___ Verbal fighting     |  |
| ___ Alcohol use          | ___ Hitting              | ___ Tobacco use         |  |
| ___ Whining              | ___ Sexual behavior      | ___ Headaches           |  |
| ___ Compulsive behaviors | ___ Rituals              | ___ Stomachaches        |  |

Does your child/teen lose items (hats, coats, gloves, book bags, glasses) often? \_\_\_ Yes \_\_\_ No List: \_\_\_\_\_

**Further History**

**Has your child or teen ever had problems with the following?**

Item	Check Yes/No	Details	How Long?	Treated?
Physical abuse?	___ Yes ___ No	By whom? _____	_____	___ Yes ___ No
Sexual abuse?	___ Yes ___ No	By whom? _____	_____	___ Yes ___ No
Run away from home?	___ Yes ___ No	When? _____	_____	___ Yes ___ No
Arrested or adjudicated?	___ Yes ___ No	For what? _____	_____	___ Yes ___ No
Set a fire?	___ Yes ___ No	When/how? _____	_____	___ Yes ___ No
Assaulted someone?	___ Yes ___ No	Who? _____	_____	___ Yes ___ No
Destroyed property?	___ Yes ___ No	When? _____	_____	___ Yes ___ No

Hurt self?	__Yes __ No	When? _____	Severity: _____	__Yes __ No
Threatened to hurt self?	__Yes __ No	When? _____	How? _____	__Yes __ No
Threatened to hurt someone?	__Yes __ No	When? _____	How? _____	__Yes __ No
Used a weapon?	__Yes __ No	When? _____	What? _____	__Yes __ No
Used alcohol or drugs? List: _____	__Yes __ No	When? _____	How often? _____	__Yes __ No
Used tobacco?	__Yes __ No	When? _____	How often? _____	__Yes __ No
Grades drop in school a lot?	__Yes __ No	When? _____	How? _____	__Yes __ No
Used tutors/Ed Specialists	__Yes __ No	When? _____	Subjects: _____	__Yes __ No
Sexually active?	__Yes __ No	When? _____	Partner age? _____	__Yes __ No
Cruelty to animals?	__Yes __ No	When? _____	How often? _____	__Yes __ No
Rituals, compulsive behaviors?	__Yes __ No	When? _____	How often? _____	__Yes __ No
Shyness or social problems?	__Yes __ No	What? _____	How often? _____	__Yes __ No

**Mother:** When you ask child/teen to do something what percent of time do they comply? \_\_\_\_\_ %

**Father:** When you ask child/teen to do something what percent of time do they comply? \_\_\_\_\_ %

**Does your child teen ever warrant discipline?** \_\_Yes \_\_ No Situations: \_\_\_\_\_

Types of Discipline You Employ	Avg. Times/Day	Avg. Length of Time	Child Response
__ Ignoring	_____	_____	_____
__ Spanking	_____	_____	_____
__ Yelling	_____	_____	_____
__ Reward System	_____	_____	_____
__ Lecturing	_____	_____	_____
__ Time Outs	_____	_____	_____
__ Natural Consequences	_____	_____	_____
__ Nothing seems to work well	_____	_____	_____
__ Other	_____	_____	_____

**Any other comments about behavioral or emotional regulation issues?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School History (Schools Attended - Please Include Pre-School and Grades Attended)**

School Name	Years Attended	Grades	Comments
1. _____	_____ to _____	_____ to _____	_____
2. _____	_____ to _____	_____ to _____	_____
3. _____	_____ to _____	_____ to _____	_____
4. _____	_____ to _____	_____ to _____	_____
5. _____	_____ to _____	_____ to _____	_____
6. _____	_____ to _____	_____ to _____	_____

**Has Your Child Been Classified With/As:**

Reading Disability?    \_\_\_ Yes \_\_\_ No    If so, first month/year classified: \_\_\_/\_\_\_  
 Speech Disability?    \_\_\_ Yes \_\_\_ No    If so, first month/year classified: \_\_\_/\_\_\_  
 Language Disability?    \_\_\_ Yes \_\_\_ No    If so, first month/year classified: \_\_\_/\_\_\_  
 Severe emotional disturbed? \_\_\_ Yes \_\_\_ No    If so, first month/year classified: \_\_\_/\_\_\_  
 Other health impaired?    \_\_\_ Yes \_\_\_ No    If so, first month/year classified: \_\_\_/\_\_\_

**Specific Health Problems: A.D.H.D.** \_\_\_ Yes \_\_\_ No **Type 1 Diabetes** \_\_\_ Yes \_\_\_ No **Other:** \_\_\_ Yes \_\_\_ No List: \_\_\_\_\_

Is your child currently in special classes or resource room?    \_\_\_ Yes \_\_\_ No

Is your child currently on an **Individualized Educational Plan (IEP)**?    \_\_\_ Yes \_\_\_ No

Is your child currently on a **Section 504 Plan**?    \_\_\_ Yes \_\_\_ No

If yes, which grades has your child been involved in special education services?

\_\_\_ Pre-K \_\_\_ K \_\_\_ 1<sup>st</sup> \_\_\_ 2<sup>nd</sup> \_\_\_ 3<sup>rd</sup> \_\_\_ 4<sup>th</sup> \_\_\_ 5<sup>th</sup> \_\_\_ 6<sup>th</sup> \_\_\_ 7<sup>th</sup> \_\_\_ 8<sup>th</sup> \_\_\_ 9<sup>th</sup> \_\_\_ 10<sup>th</sup> \_\_\_ 11<sup>th</sup> \_\_\_ 12<sup>th</sup>

Does your child receive any accommodations at school? \_\_\_ Yes \_\_\_ No

If so, what are they? \_\_\_\_\_

Has your child had individual psychological testing in school? \_\_\_ Yes \_\_\_ No    If so, when? \_\_\_\_\_

Referred for: \_\_\_\_\_

Has your child been seen by a school counselor?    \_\_\_ Yes \_\_\_ No    If so, for: \_\_\_\_\_

Has your child repeated a grade?    \_\_\_ Yes \_\_\_ No    If so, which? \_\_\_\_\_

Has your child skipped a grade?    \_\_\_ Yes \_\_\_ No    If so, which? \_\_\_\_\_

Have your child's grades changed recently? \_\_\_ Yes \_\_\_ No    If so, how? \_\_\_\_\_

What were your child's grades last term? \_\_\_\_\_

Does your child have any behavior problems at school? \_\_\_ Yes \_\_\_ No    If so, list: \_\_\_\_\_

Does your child have problems getting along with other children? \_\_\_ Yes \_\_\_ No \_\_\_\_\_

How many minutes or hours does your child spend on daily homework?    \_\_\_\_\_ Hours    \_\_\_\_\_ Minutes

How long do you or another parent you spend with your child on daily homework?    \_\_\_\_\_ Hours    \_\_\_\_\_ Minutes

As a rule, does your child complete and hand in homework? \_\_\_ Yes \_\_\_ No

Often completes and hands in homework?    \_\_\_ Yes \_\_\_ No

Often completes, but does not hand in?    \_\_\_ Yes \_\_\_ No

Often neither completes nor hands in?    \_\_\_ Yes \_\_\_ No

How difficult is it for your child/teen to start homework?    \_\_\_ Very Easy \_\_\_ Easy \_\_\_ Somewhat Hard \_\_\_ Very Hard

How difficult is it for your child to complete homework?    \_\_\_ Very Easy \_\_\_ Easy \_\_\_ Somewhat Hard \_\_\_ Very Hard

**Any further comments or notes about homework, schoolwork, studying, or academic performance?**

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**Family History**

**Do any of your FAMILY MEMBERS suffer from these problems?** *(Consider family as brothers, sisters, parents, grandparents, aunts, uncles, cousins)*

Condition	Mother's Family (List relation)	Father's Family (List relation)
Learning Issues	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Depression	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Alcohol or Drug Problems (Specify): _____	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Mental Retardation	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Legal Problems	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Hyperactivity	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Anxiety Problems	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Perfectionism/OCD	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Perfectionism	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Language, Speech, or Hearing Problems	Relation: _____ Relation: _____	Relation: _____ Relation: _____

Tics or Nervous Habits	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Mood Problems	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Behavior Problems	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Anger Problems	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Psychiatric Hospitalization	Relation: _____ Relation: _____	Relation: _____ Relation: _____
Other (List): _____	Relation: _____ Relation: _____	Relation: _____ Relation: _____

### Favored Activities or Entertainment

- What are your child's favorite activities? \_\_\_\_\_
- What do you like to do with your child? \_\_\_\_\_
- What are your child's strong points? \_\_\_\_\_
- What does your family do together? \_\_\_\_\_
- How often do you read to your child? \_\_\_\_\_
- How often does your child read alone? \_\_\_\_\_
- What are your child's favorite books? \_\_\_\_\_
- Hours your child watches TV on a typical weekday: \_\_\_\_ hours
- Hours your child watches TV on a weekend day: \_\_\_\_ hours
- Hours your child uses computers per day: \_\_\_\_ hours
- Hours your child uses video games per day: \_\_\_\_ hours
- Hours your child uses the Internet per day: \_\_\_\_ hours
- Does your child have computer use problems? \_\_\_\_ Yes \_\_\_\_ No How often? \_\_\_\_\_
- Does your child **like** to practice anything? \_\_\_\_ Yes \_\_\_\_ No Please list: \_\_\_\_\_
- Does your child play a musical instrument? \_\_\_\_ Yes \_\_\_\_ No What instrument? \_\_\_\_\_

### Exercise

- Does your child get regular aerobic exercise? \_\_\_\_ Yes \_\_\_\_ No Hours per week: \_\_\_\_\_
- Does your child play a sport regularly? \_\_\_\_ Yes \_\_\_\_ No Sports: \_\_\_\_\_
- Does your child enjoy sports? \_\_\_\_ Yes \_\_\_\_ No

### Friendship History

- Does your child have a best friend? \_\_\_\_ Yes \_\_\_\_ No Friend's name: \_\_\_\_\_
- Does your child play with a regular group of children at school? \_\_\_\_ Yes \_\_\_\_ No
- Does your child play regularly with a group of children in your neighborhood? \_\_\_\_ Yes \_\_\_\_ No
- Does your child show problems getting along with friends? \_\_\_\_ Yes \_\_\_\_ No
- Does your child have trouble getting along with siblings? \_\_\_\_ Yes \_\_\_\_ No
- Other friend, peers, or sibling issues? \_\_\_\_ Yes \_\_\_\_ No List: \_\_\_\_\_